

Kids Pushing your buttons?



Practical Parenting for the 21st Century

Learn how to:

- **Connect and communicate more effectively with your children**
- **Deal with their emotions and your own**
- **Listen effectively**
- **Manage challenging behaviour and get the results you want**

These topics and many more will be covered over the duration of this FIVE week programme at West Cork Education Centre, The Square, Dunmanway. Commencing on Wednesday October 12th from 7 ó 9.30pm.

A Registration Fee of €50.00 applies. To book a place, please contact West Cork Education Centre on 023/8856756/57. Please book early as limited places are available.